7 DAY ITINERARY

IDEAS FOR A WEEK SPENT IN SOUTH DEVON
No visit to Devon would be complete without taking in the rugged landscapes of Dartmoor. Drive to the pretty village of Widecombe in the Moor and enjoy a three mile round walk across open moorland with panoramic views.

Recharge your batteries with lunch in the welcoming Rugglestone Inn and hop back in the car to Bovey Tracey, via a quick stop at Haytor which is popular with families, walkers and climbers alike. Once in Bovey Tracey, pop in to the Devon Guild of Craftsmen, a hub for contemporary art and design. Splash out in the evening with a meal at two Michelin-starred Gidleigh Park Hotel.
Start your morning with a stroll along dog-friendly Slapton Sands, famous as the location of ‘Operation Tiger’, the fatal D-Day landing rehearsal. Follow a trail through Slapton Ley Nature Reserve and keep your eyes peeled for birds, otters, doormice and wild flowers. Munch a picnic on the shingle beach or stop off in Torcross where you’ll find a lovely selection of pubs and restaurants. In the afternoon, move on to Beesands, where if you’re legs are feeling up to it, you can take a scenic walk along the coast to Hallsands, the village that fell into the sea.
There's too much to pack into one day in Torbay, so this is just to give you a flavour of what's on offer! Spend the morning in Brixham where you can step aboard the replica of Sir Francis Drake's ship, the Golden Hind and delve into its swashbuckling past. Grab a quick portion of chips and an ice cream and take the Western Lady ferry across the bay to Torquay where you can while away the afternoon shopping or meeting the coastal wildlife at Living Coasts zoo and aquarium. Dine in style at the Orange Tree, or choose from any of the fantastic restaurants in town.
PAIGNTON, DARTMOUTH AND TOTNES

There are many ways to get around the picturesque River Dart, but one of the most memorable is the famous ‘Round Robin’. You can choose your starting place and enjoy a trip on a steam train, a river boat and a bus. The route takes in the holiday town of Paignton, the pretty port of Dartmouth where you can enjoy a cake or some fudge and a spot of crabbing on the harbour wall and the quirky town of Totnes, known for its unique, artsy atmosphere.
MAMHEAD AND TEIGNMOUTH

Wake yourselves up with a morning stroll around the sensory trail at Mamhead. The short walk will take you past a viewpoint with beautiful views over the countryside and Exeter. From there, drive on to Teignmouth, where I remember many a childhood walk along the seafront, enjoying paddling and ice creams in summer, exhilarating waves crashing in winter. Spend some pennies in the traditional arcade on the pier, before taking a refreshing walk with the sea on your right to watch the trains hurtle past along the sea wall.

Perch on the beach with a portion of fish and chips if the tide is out, or hop in the car and pop over the bridge to Shaldon where you can take your pick from a number of fine dining restaurants or pubs for your evening meal.
There is so much to see on the largely unspoilt coast of the South Hams that we had trouble picking out today’s itinerary! A visit to Bantham and Burgh Island is a must, if only to take in the spectacle of the tall sea tractor which carries passengers to the island at high tide. Depending on the weather, you can watch surfers, kite surfers, build sandcastles and swim! The beach is dog-friendly year round, but there are restrictions in the summer. Have lunch at the welcoming Sloop Inn before heading to Salcombe, one of Devon’s most exclusive seaside towns and sailing capital. Get out on the water or take a walk along the coast path, returning in time for a seafood feast in the evening!
We've dedicated a whole day to the city of Plymouth because there is so much to do here. Shop 'till you drop on the high street where you'll find big name brands and spend hours browsing the shops in Drake Circus Shopping Centre. With your pockets lighter, head for the Hoe where Sir Francis Drake famously continued his game of bowls as the Spanish Armada advanced. Climb the lighthouse, Smeaton's Tower, for an even better view of Plymouth Sound.

Discover more about Plymouth's history at the fascinating Mayflower Museum. Alternatively, meet local marine life and more exotic species at the National Marine Aquarium. For Dinner we have it on good authority that Himalaya Spice is the place to go for delicious Nepalese and Indian cuisine.
TOP 5 ACTIVITIES
FOR YOU AND YOUR FAMILY

TOP FAMILY ATTRACTIONS

Woodlands Family Theme Park, Totnes
Dartmouth Steam Railway & River Boat, Paignton
Kent’s Cavern, Torquay
Splashdown, Goodrington Sands
River Dart Country Park, Ashburton

TOP HERITAGE ATTRACTIONS

Buckfast Abbey, Buckfastleigh
Berry Pomeroy, Nr Totnes
Coleton Fishacre, Kingswear
Compton Castle, Paignton
Dartmouth Castle, Dartmouth

TOP SHOPPING

Dartmouth and Totnes, South Hams
Plymouth High Street and Drake Circus Shopping Centre
The Willows, Torquay
Torquay, Fleet Walk shopping centre
Trago Mills, Stover, Newton Abbot

TOP BEACHES TO ENJOY

Bantham
Beesands
Blackpool Sands
Teignmouth
Dawlish Warren

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